



於新濠鋒「澄」水療中心，享受舒適寧逸的奢華現代水療體驗。分佈兩層，佔地多達六千平方米的「澄」設有高尚休閒設施及多間豪華水療套房，入選美國《福布斯旅遊》全球十大最佳酒店游泳池的無邊際游泳池、設備完善的健身中心、專業的個人健身課程等。置身「澄」水療中心，更可環迴飽覽澳門半島的壯麗景致。

「澄」讓您在高雅的環境下，享受獨一無二的極致水療護理，我們以尊貴優質的護理產品，為客人設計療效顯著的護理，達致復甦五感，平衡身心的功效。

「澄」亦設有最頂尖的奢華水療設施，包括活力池、水晶蒸汽浴室、桑拿浴室、冰水噴泉、羅馬式浴室和淋浴間，必定為您在繁囂都市中帶來最佳的水療空間，讓您精神煥發、重拾朝氣。

The contemporary and luxurious Altira Spa perfectly presents the essence of an urban oasis. Spanning over two spacious levels, the 6,000 square meter spa offers a spectacular infinity edge swimming pool chosen by US Forbes Traveler as one of the ten best hotel swimming pools in the world, a state-of-the-art fitness center, high quality personalized programs and the finest location for you to enjoy stunning views of the Macau peninsula.

In Altira Spa, we evoke all five senses of the human body with our customized treatments under a luxurious environment. We use the finest premium ingredients to maintain a balance in body and mind and ensure that the experience is authentic and rewarding.

Altira Spa offers the most sophisticated wet spa facilities, vitality pools, crystal steam rooms, saunas, an ice fountain, rasul and experience showers. It is the prefect destination for a relaxing escape.

尊尚護理 SIGNATURE TREATMENT

◆ 夢幻薰衣草 Lavender Dreams

120 分鐘 mins
MOP3,280

深呼吸，讓野生薰衣草的淡淡芬芳為您寧神舒壓，達致身心平衡。躺於暖水床上，以海床礦物鹽及薰衣草精華作身體磨砂，再享受由兩位理療師配合溫熱的薰衣草精油為您同步式進行四手全身按摩，融融暖意流轉四肢百骸，最後以煥發神彩的面部護理作結，五感享受賦予身心靈最大的滿足。

Breathe deep; inhale the calming and balancing benefits of wild lavender in this completely relaxing spa experience. To begin, ancient sea bed mineral salts are blended with lavender's healing properties in an invigorating full body exfoliation. It is followed by a pampering 4 hands full body massage with warm lavender oil and you can relax inside a warm cocoon to nourish your skin. A refreshing facial completes this head-to-toe treatment.

◆ 海洋奇蹟全效護理 Prodige Des Océans Face & Body Ritual

150 分鐘 mins
MOP3,080

療程採用以63種珍貴海洋成份，研發出專利成份海洋智能再生複合物，為肌膚帶來全效抗衰老奇蹟。強效成份配合獨特的身體及面部按摩技巧，包括靈感取自日本祖傳的按摩手法——古美道，透過放鬆、提升及排毒的手法，從而促進新陳代謝、刺激細胞再生及撫平皺紋，令肌膚變得豐盈幼滑，瞬間回復細緻年輕的狀態，同時為體驗者帶來極緻奢華及舒適的感官享受。

An innovative treatment experience dedicated to youthfulness and relaxation offering you our expertise, luxury and sensory enhancement. This face and body ritual delivers the revitalizing benefits of Intelligence Marine Regenerative®, a complete concentrate of 63 marine active ingredients. The Prodige Des Océans mask offers pure plumping oxygenation, and its iconic massage, inspired by KoBido, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin.

◆ 至尊金箔護理 Gold Indulgence

120 分鐘 mins
MOP2,680

黃金自古就被世人視為珍寶，能美顏健體，古希臘人更頌揚黃金為不朽的榮耀、至貴至尊。現在，您亦可專享源自皇室的奢華護理，感受黃金耀眼的美肌力量，包括享受皇室純金磨砂及滋潤煥膚裹身護理，以24K「美肌耀金」按摩油進行全身按摩，最後以金粉潤膚乳潤澤全身，讓您身心耀目若金。

Ever since ancient times, gold has been revered for its value, as well as its beauty and health promoting properties. The ancient Greeks referred to gold as the glory of the immortals and a sign of wealth. Once only a luxury enjoyed by royalty, you can now enjoy the benefits of gold from our signature gold bits body scrub and a nourishing body wrap, followed by a gold sparkling oil full body massage and a gold dust infused body lotion.

◆ 玉石能量護理 Gem Magic

120 分鐘 mins
MOP2,680

取材於中醫學「氣」的概念，以自選的玉石由頭到腳進行全身按摩，引導寶石的正能量疏通經絡，行氣活血，舒解繃緊肌肉，釋放體內毒素，並刺激微循環。

其中玉石緊緻面部護理更選用獨特的玫瑰晶石/黃玉/東陵玉/紫龍晶/青金石，配合個人需要的按摩手法，全面發揮玉石的神奇力量，瞬間緊緻面部輪廓。

Based on the ancient Chinese practice of Qi using a selection of gemstones chosen by the guest, this elaborate head-to-toe massage helps to relieve stiff muscles and release toxins while the energy of the gemstones penetrates into your body to stimulate energy flow and enhance body balance.

The gem facial provides exceptional tightening and lifting results through tailor-made facial massage techniques and the healing energy of precious gemstones like Rose Quartz/ Yellow Jade/Aventurine/ Charoite/Lapis Lazuli

水療護理組合 SPA PACKAGE

◆ 靈淨身心 Altira Journey	240 分鐘 mins MOP4,380	讓您從頭到腳深層放鬆，靈淨身心，滋養嫩肌。 包括：足浴 • 薰衣草裹身護理 • 瑞典式按摩 • 更生修護面部護理 • 足部舒緩按摩 • 香薰浴 • 茶點 A deeply relaxing journey to nourish your inner-self with head-to-toe revitalizing treatments. Foot Ritual • Lavender Body Wrap • Swedish Massage • Renewal Facial • Relaxing Foot Massage • Aroma Bath • Refreshments & Relaxation
◆ 感官覺醒 Sensory Awakening	180 分鐘 mins MOP2,880	去除身體毒素，潤肌再生，寧神靜氣。 包括：足浴 • 自選全身磨砂護理 • 火山熱石按摩 • 雨林浴 • 滋潤牛奶浴 • 茶點 A sensory experience to remove toxins from your body and bring peace to your mind. Foot Ritual • Body Scrub of Your Choice • Hot Stone Body Massage • Rain Shower • Nourishing Milk Bath • Refreshments & Relaxation
◆ 無憂舒活 Executive Retreat	150 分鐘 mins MOP2,380	徹底解放平日的繁瑣壓力，讓身心完全放鬆。 包括：足浴 • 頭、肩、足部舒緩按摩 • 精緻面部護理連冰敷明眸護理 • 手或腳甲修剪連拋光 • 茶點 This enlivening ritual encourages your mind to let go of the stresses of daily life. Foot Ritual • Scalp, Shoulder & Foot Massage • Express Facial with Cooling Eye Spheres • Finger or Toe Nails Shaped & Buffed • Refreshments & Relaxation
◆ 東方悠活 Oriental Touch	120 分鐘 mins MOP2,080	促進體內氣血流動，令您充滿活力，容光煥發。 包括：足浴 • 自選全身磨砂護理 • 草本球按摩 • 茶點 This authentic ritual leaves your body full of vitality and mobility. Foot Ritual • Body Scrub of Your Choice • Herbal Pouch Body Massage • Refreshments & Relaxation
◆ 肌齡逆轉 Time Defyer	120 分鐘 mins MOP1,880	此終極美肌方案有效去紋抗氧化，讓肌膚再生。 包括：足浴 • 頭、肩、足部舒緩按摩 • 美顏再生面部護理 • 手部或足部護理 • 茶點 An ultimate pampering session to help combat signs of aging. Foot Ritual • Scalp, Neck & Foot Massage • Rejuvenating Facial • Hand or Foot Treatment • Refreshments & Relaxation
◆ 萬千寵愛 Pure Indulgence	60 分鐘 mins MOP1,880	由兩位理療師在同一時間為您進行明眸美顏護理及手足按摩，快速奏效，煥然一新。 包括：足浴 • 明眸美顏護理 • 手足舒緩按摩 • 茶點 An eye and facial treatment is performed simultaneously with a hand and foot massage to guarantee total relaxation. Foot Ritual • Eye and Facial Treatment • Relaxing Hands and Foot Massage • Refreshments & Relaxation

全身按摩 BODY MASSAGE

◆ 活力再生按摩 Restore	60 分鐘 mins MOP1,180 90 分鐘 mins MOP1,480	揉合神經肌肉按摩療法及運動療程精髓，集中放鬆繃緊的肌肉及筋膜，並促進血液循環及新陳代謝。 Descending from neuromuscular and sports therapy, this massage focuses on trigger point and myofascial release, alleviating deep muscle tension and enhancing circulation.
◆ 瑞典式按摩 Swedish	60 分鐘 mins MOP1,180 90 分鐘 mins MOP1,480	運用推、捏、摩擦等特別按摩技巧，提高血液含氧量並加速流動，有效排除體內毒素，促進血液循環系統健康。 A soothing massage that uses gliding, kneading and friction techniques to increase oxygen flow in the blood and release toxins from the muscles. An ideal massage promoting general well-being.
◆ 個人混合按摩 Intuitive	60 分鐘 mins MOP1,180 90 分鐘 mins MOP1,480	理療師根據豐富的經驗，結合中西按摩手法，以最適合的技巧及力度按摩身體，讓您感受意想不到的舒適。 This nurturing massage ensures the body receives the attention it needs. Through eastern and western massage techniques, therapists will use their experience and innate skills to connect and treat the body.
◆ 排毒塑身按摩 Detox & Contour	60 分鐘 mins MOP1,180 90 分鐘 mins MOP1,480	以富節奏的柔和手法作全身按摩，刺激體內循環和淋巴系統，有助去水除身體多餘水份及脂肪，修飾皮膚紋理，均勻膚色。 Long, rhythmic strokes combined with light pressure massage movements to stimulate the circulatory and lymphatic systems, reducing water retention and preventing the appearance of cellulite and uneven skin texture.
◆ 火山熱石按摩 Hot Stone	90 分鐘 mins MOP1,680	運用火山熱石調整身體能量流，快速補充身心能量，配合瑞典式和夏威夷Lomi Lomi 技巧按摩全身，鬆弛深層肌肉，壓力全消。 Combinations of volcanic stones expand the energy flow and act as a catalyst for replenishing energy. The stone massage incorporates Swedish and Lomi Lomi techniques that result in deep muscle relaxation and a calming, stress-free sensation.
◆ 孕期舒緩按摩 Mother-to-be	60 分鐘 mins MOP1,180	活用舒緩按摩精髓，讓準媽媽放鬆全身，緩解背痛、頭痛、肩膀和頸部肌肉，釋放壓力。建議於第二和第三孕期進行。 The soothing essence of massage allows you to unwind and alleviates backaches, headaches, shoulder and neck tension caused by muscle tightness and shifts in posture. We recommend that this massage be performed in the second and third trimester.
加享護理 Add-on Treatment	30 分鐘 mins MOP580	背部及雙肩重點按摩 Back and Shoulder Relief 以香薰精油重點按摩特定部位，舒展緊張肌肉，為身體充電，於中午享受，能為下半天注入活力與能量。 Refresh and recharge. This relieving massage uses our signature oil blend to stimulate tight muscles. The ideal mid-day remedy to enhance productivity.

加享護理需連同其他身體或面部護理同時進行，不可單獨惠顧。 Add-on treatments can only be booked together with other body / facial treatments in this menu.

● 所有價格以澳門幣計算並需另加 10%服務費及 5%旅遊稅。 All prices are in MOP and subject to a 10% service charge and 5% Tourism tax.

全身磨砂護理 BODY SCRUB

◆ 自選磨砂護理 Skin Polish of Your Choice	30 分鐘 mins MOP680	根據個人膚質，挑選全天然原材料組合，配選香薰精油，以去除表面老化的死皮細胞，加速肌膚自我再生，瞬間潤澤柔肌，回復細緻光滑。 Consisting of natural, raw ingredients combined with essential oils, our body scrubs are custom blended to remove dead skin cells and encourage regeneration, resulting in a smooth, polished finish. A perfect prelude to any massage.
◆ 皇室純金磨砂 Royal Gold Exfoliator	30 分鐘 mins MOP780	以有機海鹽和純金產生的負離子幫助抗氧化，增強吸收力並注入能量，讓肌膚感覺年輕及煥然一新。結合按摩護理，效果更顯著。 A blend of organic sea salt and gold mineral is specifically designed to emit negative ions, restore vitality and positive energy, leaving you looking and feeling radiant. Ideal in combination with a massage treatment.
◆ 閃鑽亮肌磨砂 Precious Diamond Scrub	30 分鐘 mins MOP880	鑽石本是堅硬無比，磨成極為幼細的微晶體後，能為您去除死皮，淡化細紋，塑造精緻輪廓，打造如閃鑽般亮麗無瑕的肌膚。 A diamond in its natural state demonstrates extreme hardness, and as a pulverized precious stone, it is perfect for eliminating dead skin cells. Diamond powder favors microdermoabrasion, which, as a result, will soften the irregularities of the contour and skin wrinkles.

全身磨砂護理為加享項目，需連同其他身體或面部護理同時進行，不可單獨惠顧。

All Body Scrubs are add-on treatments which can only be booked together with other body / facial treatments in this menu.

裹身護理 BODY WRAP

◆ 香薰潤澤裹敷 Nourishing Aroma	90 分鐘 mins MOP1,580	以礦物潤膚乳液配合香薰精油，有助舒緩緊張情緒，促進排毒和肌膚保濕。先為身體去除角質，讓光滑嫩肌更有效地吸收裹敷護理的深層滋養精華，進行溫暖的裹敷護理同時享受頭皮舒緩及面部淋巴按摩，讓思緒沉澱，放鬆身心。 A luxurious application of aromatherapy oils mixed with remineralizing body lotion helps relieve tension, promote detoxification and hydration. The treatment begins with a full body exfoliation, leaving the skin luxuriously smooth and prepared for the application of our deeply hydrating cream mask in a warm body wrap. You can let your mind drift away as you enjoy a drainage face and scalp massage.
◆ 排毒淨化裹敷 Detoxifying Thermal Mud	90 分鐘 mins MOP1,580	採用源自歐洲的淨體護理，以真正的天然摩爾黑泥淨化身心，賦活生機。取自大自然的恩賜，在千年的斗轉星移下，形成這足有3米厚度的黑色有機泥，其豐富的溫泉礦物質和微量元素，讓您的肌膚煥然一新，閃閃亮澤，並有效紓解疼痛及肌肉疲勞。 A revitalizing European therapy using authentic thermal Moor Mud to purify and rejuvenate the body and soul. It takes over one thousand years of natural processes to create three meters of this black organic mud, rich in thermal water-derived minerals and trace elements. After the treatment your skin will be revived, more toned and glow with vitality. It also helps to relieve aches, pains and tired muscles.

面部護理 FACIAL TREATMENT

◆ 至臻金鑽煥膚 Gold & Diamond	75 分鐘 mins MOP2,080	體驗24K黃金和鑽石砂的至臻美顏奢華力量。護理結合自然與現代美容精髓，能為您淡化細紋，令皮膚回復水潤彈性，塑造精緻輪廓，打造如閃鑽、黃金般亮麗無瑕的肌膚。 Experience the sheer luxury of a 24-karat gold and diamond dust treatment. This sophisticated treatment combines the caring powers of nature with modern cosmetology to achieve instant skin elasticity and firming. Wrinkles are visibly smoothed and signs of dryness diminished.
◆ 海洋奇蹟全效修護 Prodige Des Océans	75 分鐘 mins MOP1,880	療程採用從5大洋萃取63種珍貴的活性海洋養份，研發出專利成份海洋智能再生複合物，配合日本祖傳的去皺提升按摩手法——古美道，瞬間刺激細胞再生，締造細緻無瑕美肌。 Enjoy the ultimate treatment experience where innovation and technical expertise merge with luxury and sensorial stimulation. Intelligence Marine Regenerative® combined with the KoBiDo-inspired signature massage, helps regenerate and reactivate total youthfulness.
◆ 生物電流理療 Biotec	90 分鐘 mins MOP1,880	集多重高效面部護理功能於一體，利用五種不同的生物電流理療科技（超聲波去角質、微電流提升、電流活膚、光療平衡、注氧活膚），針對個別肌膚需要，帶來即時、強效及持續的煥膚效果。 The Biotec facial treatments utilize a highly effective all-in-one machine, providing five bio-electric technologies (Ultrasonic PEEL, Microcurrent LIFT, Galvanic REJUVENATE, Light Therapy REBALANCE, Oxygen INFUSION) for perfect restoration of skin balance, with results that are immediate, visible and long-lasting.
◆ 肌底激活再生修護 Total Youthfulness	75 分鐘 mins MOP1,680	以嶄新科研成份深度激活細胞代謝，重塑及強韌肌底結構，秒速激活膠原增生，瞬間填補皺紋，緊緻提升輪廓，均勻膚色，一次療程有效賦活肌膚，面龐更顯年輕飽滿。 Two powerful active ingredients, TS Enzyme Protect and Peptide No5 are combined in a synergetic blend: a powerful alchemy of strength and beauty to wind back the hands of time. The appearance of the signs of aging are minimized, the skin is more compact and the facial features are more relaxed.
◆ 蝦青素抗氧化修護 The Miracle	75 分鐘 mins MOP1,680	天然蝦青素是迄今為止人類發現自然界最強的抗氧化劑，其清除自由基的能力是Q10的60倍或茶多酚的200倍；此理療有效修復肌膚暗沉、粗糙及缺水問題，即時緊膚提肌。 Astaxanthin is one of the most powerful antioxidants and is 65 times stronger than vitamin C at fighting free radicals. This treatment in rich Astaxanthin products, is idea for all aging skin suffering from oxidative stress, dryness, loss of firmness and elasticity.
◆ 保濕亮肌修護 Hydra Perfection	75 分鐘 mins MOP1,480	理療為肌膚提供豐富的海洋礦物質，配合雙重面膜，發揮強效保濕的功效，解決各種肌膚失衡問題，幫助肌膚回復光澤與水潤柔軟的狀態。 This treatment helps to lastingly correct moisture levels in dehydrated skin and works to revitalize the skin deep-down to restore its velvety feel and original radiance.
◆ 舒緩抗敏修護 Calm Perfection	75 分鐘 mins MOP1,480	以專利的海洋冷霜修護複合物為核心成份，特別為乾性及敏感的肌膚而設，能有效滋潤脆弱受損肌膚，即時強化膚質，重拾水潤亮澤。 A true, peaceful haven for dry and sensitive skin. This treatment lastingly nourishes delicate and fragile skin, while increasing its tolerance threshold.

男士之選 ESPECIALLY FOR HIM

◆ 活力型男面部修護 Urban Vitality	75 分鐘 mins MOP1,480	專門滿足男士護膚特別需要，深層潔面，徹底洗淨面部污垢，重點修復剃鬚部位敏感及受損皮膚，去除毛孔阻塞及修飾膚質，感覺清爽醒目。 Addressing the special needs of men, this deep cleansing facial focuses on sensitive and razor damaged skin, eliminating blocked pores, neutralizing impurities and accelerating skin repair, leaving the skin completely clean and visibly recharged.	
◆ 泰式經典按摩 Authentic Thai	90 分鐘 mins MOP1,680	經典的90分鐘泰式按摩，將舒展拉伸動作與富節奏感的按摩手法完美結合，促進體內能量流動。理療師以深度的掌壓，使背部的肌肉得到舒展，身體徹底放鬆並增強了柔韌性。 The classic 90-minute massage blends subtle stretching with rhythmic massaging and compressions to stimulate energy flow. The therapist applies deep palm strokes on the back with delicate stretching – the perfect combination to promote deep relaxation while improving flexibility.	
◆ 草本球身體按摩 Herbal Compress Body Massage	90 分鐘 mins MOP1,680	利用專研調配的按摩精油平衡身心靈健康：迷迭香精油有效緩解身體疲勞及壓力；薄荷精油能平靜思緒；乳香精油可解除神經緊張。透過溫熱的草藥球重點按壓和拉伸手法，釋放肌肉緊張、疼痛和壓力，誘導至深層放鬆狀態。 Our specially blended massage oil delivers holistic wellbeing through therapeutic essential oils rosemary to relieve physical stress, peppermint to calm a hectic mind, and frankincense to ease nervous tension. Specific pressure point and stretching technique, along with a heated herbal compress, melt away muscle tension, aches and stress, to induce a state of deep relaxation.	
◆ 礦物能量護理 Thermal Mineral Enhancement	90 分鐘 mins MOP1,880	先享受礦物鹽浸浴，排走雜質毒素，減輕身體和精神壓力；再以礦物能量精華乳進行舒緩安神的全身按摩，將礦物質及微量元素導入深層肌，達致身心平衡，改善皮膚健康。 This results-oriented treatment begins with a remineralizing salt bath to draw out impurities and relieve both physical and mental stress; followed by a soothing full body massage with mineral wellness lotion that penetrates into the body through the skin, energizing your spirit to achieve overall health and balance.	
◆ 背部及面部煥發護理 Restorative Back & Face	90 分鐘 mins MOP1,880	以富天然礦物質的摩爾黑泥為背部進行裹敷潔淨、舒緩肌肉疲累，改善皮膚暗沉，回復活力。再享受強效保濕面部護理，以及頸肩深層按摩，個人魅力立即四射。 This indulgent treatment begins with a thorough cleansing of the back with invigorating moor mud to remineralize, soothe and rejuvenate tired muscles and dull skin. A fortifying and hydration facial, which includes a deep massage of the neck and shoulders, is completed with a refining mask to restore your charisma and glamor.	
◆ 運動後護理 After Sports Treatment	120 分鐘 mins MOP2,380	以飽含天然礦物質和泉水精華的摩爾黑泥進行裹敷護理，是為身體排毒的最強之選。以柔軟的掌力、指壓、手肘和前臂的深沉力度按壓身體能量點，有效舒緩筋腱疲勞及肌肉疼痛。最適合活躍人士或運動後作養生護理。 A full body wrap with the unique combination of black mud and natural thermal mineral water intensely detoxifies the body. A deep tissue treatment, incorporating firm palm, thumb and forearm pressure to relieve and heal muscular aches and pains. This perfect rejuvenating treatment is highly recommended for active people or after any sports activity.	
◆ 男士指甲修護 Men's Manicure	MOP280	◆ 男士修眉 Brow Tweezing	MOP150
◆ 男士腳甲修護 Men's Pedicure	MOP380	◆ 胸膛 / 背部蜜蠟護理 Chest / Back Wax	MOP680

附加尊貴享受 TREATMENT ADDITIONS

◆ 雙人水療套房
Couples Chamber

60 分鐘 mins
MOP600

◆ 法式維希浴
Vichy Shower

30 分鐘 mins
MOP600

◆ 牛奶浴 / 礦物浴
Milk /
Thermal Mineral Bath

30 分鐘 mins
MOP680

◆ 私人水療房
Personalized
Treatment Room

60 分鐘 mins
MOP300

◆ 豪華轎車接載
Chauffeured Limousine

單程 One-way
MOP400

雙程 Return
MOP600

◆ 惠顧「澄」身體或面部護理當日加購「游泳池及健身中心單次入場證」可享5折
Enjoy 50% discount for Pool & Gym Single Entry Pass on the same day by purchasing any Altira Spa body or facial treatment

美甲及美容服務 NAIL & BEAUTY SERVICES

◆ 美甲服務	Nail Treatment	MOP
手甲護理	Spa Manicure	380
腳甲護理	Spa Pedicure	480
尊尚手部護理	Deluxe Hand Therapy	480
尊尚足部護理	Deluxe Foot Therapy	680
光療浸脫式樹脂手甲	Soak-off Gel Manicure	480
光療浸脫式樹脂腳甲	Soak-off Gel Pedicure	680
修甲連拋光	Shape and Buff	280
塗甲油	Nail Re-varnish	280

◆ 其他服務	Other Services	MOP
修眉	Brow Tweezing	150
精緻足部按摩	Relaxing Foot Massage	30/60分鐘 mins 580/880
除臉毛（線面）	Face Threading	380

◆ 加享護理	Add-on Treatments	MOP
卸除光療浸脫式樹脂甲	Soak-off Gel Removal	150
法式美甲	French Polish	150
法式美甲 (光療浸脫式樹脂甲)	French Polish (Soak-off Gel Nail)	150
創意色彩	Creative Color	150
創意色彩 (光療浸脫式樹脂甲)	Creative Color (Soak-off Gel Nail)	150
去繭護理	Callous Removal	200
手肩舒壓按摩	Hand & Shoulder Massage	30分鐘 mins 300

加享護理需連同其他護理同時進行，不可單獨惠顧。

Add-on treatments can only be booked together with another treatment in this menu

蜜蠟護理 WAXING

		MOP
小腿	Half Legs	380
全腿	Full Legs	580
腋下	Underarm	280
手臂	Arms	380
比堅尼線	Bikini Line	380
巴西式	Brazilian	580

		MOP
胸膛	Chest	680
背部	Back	680
上唇	Upper Lip	180
修眉	Eyebrow (includes shaping)	180
下巴	Chin	180
臉頰	Cheeks	280

美髮服務 HAIR SERVICES

◆ 理髮	Hair Cut & Finish	MOP		
		短髮 Short	中長髮 Medium	長髮 Long
洗髮及造型	Shampoo & Finish	300	300	380
剪髮及造型	Cut & Finish	320	380	480
小童剪髮 (12年歲或以下)	Kid's Cut (aged 12 or below)	260	所有髮長 All length	

◆ 美髮造型	Hair Styling	MOP		
		短髮 Short	中長髮 Medium	長髮 Long
造型	Style & Up-do	320	400	480
電髮 / 數碼直髮	Perm / Digital Perm	1,080	1,280	1,480
負離子直髮	Hair Rebonding	1,180	1,380	1,580

◆ 髮色護理	Color Treatment	MOP		
		短髮 Short	中長髮 Medium	長髮 Long
顏色補染	Color Retouch	680	所有髮長 All length	
單色染髮	Hair Color Service	880	1,080	1,280
挑染 (染淺/染深)	Highlights/Lowlights	1,080	1,280	1,480
局部挑染	Partial Highlights	680	所有髮長 All length	
創意挑染	Creative Color	1,180	1,380	1,580

◆ 髮絲及頭皮更生護理	Hair and Scalp Revitalize	MOP
深層滋養	Deep Nutrition	980
濃密豐盈	Densifying	980
水漾保濕	Hydration	980
水潤修護	Moisture Repair	980
亮澤光療	Reflection	980
髮質重組	Restructure	980
急救頭皮	Scalp Rescue	980

水療中心注意事項

預約

為確保賓客能選取所需的時間及護理，我們建議閣下提早預約。

更改預約

如需更改或取消預約，請於預約時間前4小時提出。未能及時更改或取消預約需繳付50%之費用。完全缺席的賓客須繳付全數費用。

水療禮券

我們可為閣下準備水療禮券作餽贈之用。

家居護理產品

歡迎閣下向您的水療師詢問最適合您的護理產品，讓您在家中亦可享受及延續您的水療效果。

抵達水療中心

我們建議閣下比預定護理時間提早30分鐘到場，享用私人水療房內設施，包括蒸汽浴及各式淋浴，讓是次水療之旅更加圓滿。

尊重其他客人

我們希望為顧客提供一個平靜舒適的環境享受各項水療護理，此亦有賴閣下的協助！本中心範圍嚴禁吸煙。煩請將手提電話調較為靜音或震機。

個人財物

請把個人物品存放在水療護理室內，我們將提供可上鎖的儲物櫃供閣下使用。

護理期間衣著

大部份水療護理進行時均無需穿著衣物，我們的專業水療師會替閣下合適地遮蓋無需進行護理的身體部位。閣下可選擇穿著內衣進行護理。我們亦會為閣下提供長袍及拖鞋。

護理要求

如有任何建議可令閣下更滿意，歡迎隨時向您的水療師提出。我們的水療師均接受過專業的訓練，必定能按您的需要提供最合適的護理療程。

個人健康狀況

為確保客人的安全及舒適，請告知我們任何需要特別注意的個人健康狀況，讓我們調整護理內容。客人需為自己的身體及健康狀況負責，孕婦或其他特殊病患者在使用任何水療設施及服務前，請先諮詢專業人士的建議或取得醫生許可。

懷孕

我們提供適合孕婦的水療護理。專業的水療師能為準媽媽及嬰兒提供最溫和的療程。

男士美容護理

我們建議男士於進行面部護理前數小時，預先剃去鬍鬚。

服務費及稅項

所有水療護理服務需另加 10%服務費及 5%旅遊稅。

ENJOYING YOUR EXPERIENCE

RESERVATIONS

We recommend that advance reservations are made to ensure your preferred time and service are available.

RESCHEDULING

Should you need to reschedule your treatment, please let us know 4 hours before the scheduled appointment time. Treatments that are postponed or cancelled within 4 hours of the scheduled appointment time will be charged 50% of the scheduled treatment fee. 100% of the appointed treatment fee will be charged if guest does not show up.

GIFT CERTIFICATES

Our spa concierge will assist you in preparing the perfect gift for a special someone.

HOME-CARE SERVICES

We encourage you to speak with your therapist, who will be glad to recommend specific products available for purchase, so you can maintain the benefits of your treatment in the comfort of your own home.

ARRIVAL

Please arrive around 30 minutes before your treatment time to enjoy our lavish and exclusive spa facilities including steam and experience shower.

CONSIDERATION

We are dedicated to providing a peaceful and relaxing environment to our guests. Smoking is strictly prohibited. Mobile phones should be set to silent mode

VALUABLES

Please leave personal valuables in your guest room. We will also provide you with a locked cabinet inside your treatment room for convenience.

ATTIRE

Most of our spa treatments are best enjoyed without clothing and you will be discreetly draped at all times. A robe and slippers will be provided for your convenience and comfort. Undergarments may be worn if preferred.

REQUESTS

Please allow us to accommodate any requests you may have for your treatment. Our therapists are highly skilled, and are able to tailor treatments to suit each guest's needs.

HEALTH CONDITIONS

Please notify us of any special health considerations we will need to accommodate. Guests are responsible for their own health conditions. Guests who are pregnant or suffer from any medical conditions should not use any of the facilities without prior professional consultation or permission from their doctors.

PREGNANCY

Special treatment is available for mothers-to-be. Therapists are specially trained to take care of your pregnancy needs.

GROOMING

We suggest male guests to shave a few hours prior to their facial appointment.

SERVICE CHARGE & TAX

All treatments are subject to a 10% service charge and 5% Tourism tax.



澄水療 ALTIRA SPA

新濠鋒 澳門氹仔 廣東大馬路 ALTIRA MACAU AVENIDA DE KWONG TUNG TAIPA MACAU

電話 T (853) 2886 8886 傳真 F (853) 8803 6886 電郵 E altiraspa@altiramacau.com 網址 W www.altiramacau.com